

Liste des parcours route du Cyclo-Club-Marvejolois

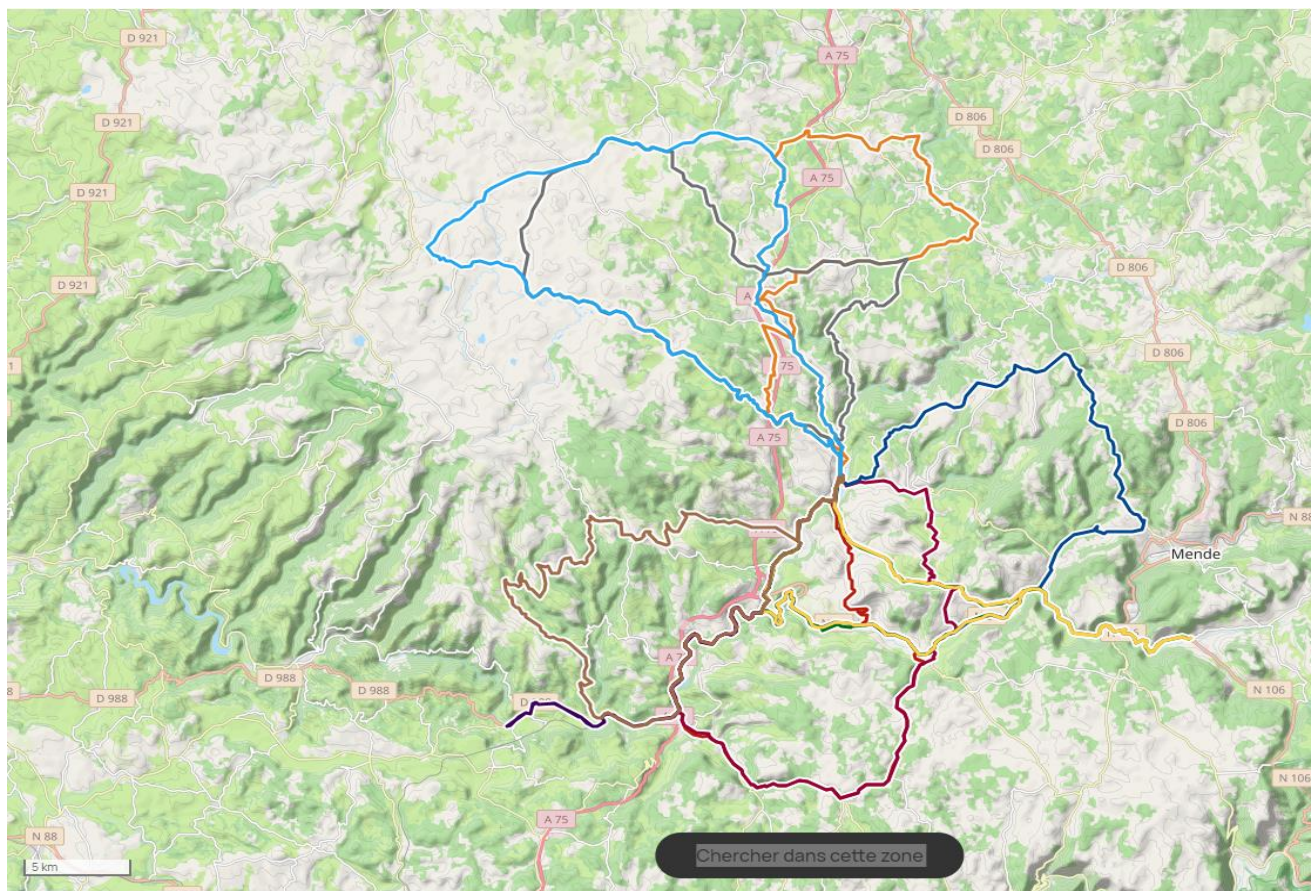
mise à jour: 01.12.2023

N°	Nom-du-parcours	Km	D+	Pente moy %	Durée 20 km/h	Durée 22 km/h	Durée 25 km/h	# Openrunner	Lieux-traversés	Légende:	
										D+	D+<800
1	CCM_55km_D650_Chanac_La-Canourgue	55	650	1,18	2:45	2:30	2:12	#16670992	Marvejols; Palhers; Chabanne; Chanac; près-du-Cros-Bas; La-Canourgue; Banassac; Les-Ajustons; Marvejols	facile	D+<800
2	CCM_59km_D875_Berlieres_LeBruel_LaCanourgue	59	875	1,48	2:57	2:40	2:21	#18010214	Marvejols; Berlrières; Chausserans; Grèzes; Col-de-Vielbougue; Rocherousse; Le-Bruel; Chanac; Le-Cros-Bas; La-Canourgue; Banassac; Les-Ajustons; Marvejols		
3	CCM_61km_D635_La-Resse	61	635	1,04	3:03	2:46	2:26	#16670760	Marvejols; Les-Ajustons; Banassac; St-Laurent-d'Olt; La-Resse; Retour-sur-le-même-parcours	moyen	801<D+<1250
4	CCM_63km_D906_La-Boulène	63	906	1,44	3:09	2:51	2:31	#17994062	Marvejols; Le-Mazet; Les-Vernets; Baraque-de-la-Grange; Les-Eoliennes-de-la-Boulène; près-de-Chanteruejols; Chabannes; Chabrils; Barjac; Le-Bruel; Chanac; Les-Ajustons; Marvejols	assez dur	1251<D+<1500
5	CCM_64km_D790_Rouffiac_LeBruel	64	790	1,23	3:12	2:54	2:33	#17998626	Marvejols; Col-de-Vielbougue; Balsièges; Rouffiac; Balsièges; Barjac; Chanac; Les-Ajustons; Marvejols	dur	D+>1501
6	CCM_65km_D633_Rouffiac	65	633	0,97	3:15	2:57	2:36	#16729892	Marvejols; Les-Ajustons; Chanac; Le-Bruel; Barjac; Balsièges; Rouffiac; Balsièges; Barjac; Cultures; Col-de-Vielbougue; Marvejols		
7	CCM_66_D1002_Hermaux_StPierreNogaret	66	1002	1,52	3:18	3:00	2:38	#18010004	Marvejols; Les-Ajustons; Chanac; Prats; St-Pierre-de-Nogaret; Trélans; Les-Hermaux; Les-Salces; Col-du-Trébat; Pierrefiche; Le-Ginestoux; Chirac; Marvejols	Pente	
8	CCM_66km_D1087_LeBuisson_Javols_ChazePeyre	66	1087	1,65	3:18	3:00	2:38	#18013678	Marvejols; vers-le-Grenier (Marvejols); Maison-Rouge (Marvejols) La-déchetterie (Marvejols); Antrenas; Poste-de-gendarmerie-de-l'autoroute; Les Issartels; près-du-Buisson; La-Rouvière; Le-Batfollier; St-Sauveur-de-Peyre; Arbouroux; Javols; Tiracos; Le-Bouchet; La-Chaze-de-Peyre; La-Brugere; Couffinet; Col-des-Issartets; Pomeyrols; Marvejols	facile	Pente<1,1
9	CCM_67km_D916_Malbouzon	67	916	1,37	3:21	3:02	2:40	#16729818	Marvejols; St-Léger-de-Peyre; Vallée-de-l'Enfer; St-Sauveur-de-Peyre; Les-Issartets; Hermabessière; Les-4-Chemins; La-Pierre-Plantée; Malbouzon; Croix-de-Malbouzon; Rieutort-d'Aubrac; Marchastel; près-de-St-Laurent-de-Muret; La-Baraque-du-plô; Marvejols	moyen	1,11<Pente<1,3
10	CCM_69km_D957_Nasbinals_Malbouzon_ChazedePeyre	69	957	1,39	3:27	3:08	2:45	#18010049	Marvejols; Antrenas; La-Baraque-du-plô; St-Laurent-de-Muret; Marchastel; Nasbinals; Malbouzon; Col-de-la-Pierre-Plantée; Lasbros; La-Chaze-de-Peyre; La-Brugere; Couffinet; Col-des-Issartets; Pomeyrols; Marvejols	assez dur	1,31<Pente<1,4
11	CCM_72km_D1022_Serverette_StAlban_Rimeize	72	1022	1,42	3:36	3:16	2:52	#18010025	Marvejols; St-Léger-de-Peyre; Vallée-de-l'Enfer; Serverette; Le-Comte-de-Fontans; St-Alban-sur-Limagnole; Rimeize; Le-Crouzet; Le-Moulin-du-Roucha; Aumont-Aubrac; Couffinet; Col-des-Issartets; Pomeyrols; Marvejols	dur	Pente>1,41
12	CCM_73km_D1191_Saint-Alban	73	1191	1,63	3:39	3:19	2:55	#16222273	Marvejols; St-Léger-de-Peyre; Vallée-de-l'Enfer; Serverette; Le-Comte-de-Fontans; St-Alban-sur-Limagnole; Rimeize; Le Vestit; Aumont-Aubrac; Aumont-Aubrac; La-Chaze-de-Peyre; Ste-Colombe-de-Peyre; Le-Moulinet; Pomeyrols; Marvejols		
13	CCM_73km_D860_Chanac_Balsièges	73	860	1,18	3:39	3:19	2:55	#16671029	Marvejols; Palhers; Chabanne; Chanac; La-Nojarède; Champerboux; Sauverette; Balsièges; Barjac; Le-Bruel; Chanac; Les-Ajustons; Marvejols		
14	CCM_74km_D938_Canilhac_Campagnac	74	938	1,27	3:42	3:21	2:57	#18001450	Marvejols; Les-Ajustons; Banassac; Canilhac; La-Plancelle; St-Urbain; Campagnac; St-Laurent-d'Olt-par-le-viaduc-ferroviaire; Banassac; Les-Ajustons; Marvejols		
15	CCM_74km_D1099_Palhers_Arbussel_Canourgue	74	1099	1,49	3:42	3:21	2:57	#1799885	Marvejols; Le-Monastier; Mories; Les-Ajustons; Les-Salèles; L'Arbusset; Auxillac; Chardonnets; Les-Fons; Le-Cros-Bas; La-Canourgue; Les-Ajustons; Marvejols		
16	CCM_75km_D1085_Bonnetombe_4Chemins	75	1085	1,45	3:45	3:24	3:00	#16729639	Marvejols; Chirac; Ginestoux; Pierrefiche; Col-du-Trébat; Les-Salces; Col-de-Bonnetombe; Les-Nègres; Montgrosset; Nasbinals; Malbouzon; La-Pierre-Plantée; Les-4-Chemins; Hermabessière; Col-des-Issartets; Pomeyrols; Marvejols		
17	CCM_76km_D951_Champerboux_LavalTarn	76	951	1,25	3:48	3:27	3:02	#18005562	Marvejols; Palhers; Chanac; La-Nojarède; Champerboux; D988; Cabrunas; Laval-du-Tarn; Comosigno; La-Capelle; La-Canourgue; Banassac; Les-Ajustons; Marvejols		
18	CCM_76km_D1225_Balsieges_Sauveterre_Chanac	76	1225	1,61	3:48	3:27	3:02	#18013710	Marvejols; Col-de-Vielbougue; Balsièges; Sauverette; Champerboux; La-Périgouse; Roussac; Comosigno; La-Capelle; Le-Cros-Bas; Chanac; Chabannes; Palhers; Marvejols		
19	CCM_78km_D870_Campagnac	78	870	1,12	3:54	3:32	3:07	#16670941	Marvejols; Les-Ajustons; Banassac; St-Laurent-d'Olt; La-Resse; Campagnac; Rond-point-de-l'autoroute; vers-le-col-de-la-Fagette; descente-par-les-lacets-de-la-D809; Banassac; Les-Ajustons; Marvejols		
20	CCM_78km_D928_Campagnac_Banassac_Auxillac	78	928	1,19	3:54	3:32	3:07	#18013742	Marvejols; Les-Ajustons; Banassac; St-Laurent-d'Olt; Campagnac-par-le-viaduc-ferroviaire; Rond-point-de-l'autoroute; vers-le-col-de-la-Fagette; descente-par-les-lacets-de-la-D809; Banassac; La-Rouquette; Auxillac; Pont-de-Salmon; Les-Ajustons; Marvejols		
21	CCM_78km_D1127_4chemins_SaintChely_Chassignoles_Ri	78	1127	1,44	3:54	3:32	3:07	#18010071	Marvejols; Pomeyrols; La-Rouvière; Col-des-Issartets; Les-4-Chemins; La-Baraque-des-Gouttes; Le-Fau-de-Peyre; St-Chély-d'Apcher; Chassignoles; Rimeize; Le-Crouzet; Le-Moulin-du-Rouchat; Aumont-Aubrac; Couffinet; Col-des-Issartets; Le-Buisson; Les-Issartels; Poste-de-gendarmerie-de-l'autoroute; Antrenas; Marvejols		
22	CCM_83km_D1000_StGermain_LaSabliere	83	1000	1,20	4:09	3:46	3:19	#17998804	Marvejols; Le-Monastier; Le-Bruel; Le-Villaret; Combret; St-Germain-de-Teil; St-Pierre-de-Nogaret; Estables; St-Laurent-d'Olt; La-Resse; La-Sablière; La-Resse; St-Laurent-d'Olt; Banassac; Les-Ajustons; Marvejols		
23	CCM_83km_D1250_StGermainTeil_Campagnac	83	1250	1,51	4:09	3:46	3:19	#17998695	Marvejols; Chirac; Ginestoux; Pierrefiche; Le-Trébat; St-Germain-de-Teil; Montgudet; Le-Ferréol; Prats; St-Laurent-d'Olt; Campagnac-par-le-viaduc-ferroviaire; Rond-point-de-l'autoroute; vers-le-col-de-la-Fagette; La-Fagette; Roqueyrou; St-Saturnin; Banassac; Les-Ajustons; Marvejols		
24	CCM_83km_D1300_La-Tieule	83	1300	1,57	4:09	3:46	3:19	#17965482	Marvejols; Les-Ajustons; Banassac; St-Saturnin; Cote-de-Roquailou; La-Tieule; Partuzade; Le-Duc; Rouges-Parets; Le-Mazelet; Le-Domal; Chanac; Les-Ajustons; Marvejols		
25	CCM_85km_D1121_StGeorgesLevejac_Massegros	85	1121	1,32	4:15	3:51	3:24	#18005806	Marvejols; Les-Ajustons; Banassac; La-Canourgue; Montée-du-Sabot; La-Piguière; La-Baraque-de-Trémolet; St-Georges-de-Lévêjac; Le-Massegros; Le-Tensonnieu; La-Tieule; Partuzade; Le-Duc; St-Saturnin; Banassac; Les-Ajustons; Marvejols		
26	CCM_90km_D1304_4chemins_Fournels_Marchastel	90	1304	1,45	4:30	4:05	3:36	#18010092	Marvejols; Pomeyrols; La-Rouvière; Lac-du-Moulinet; Hermabessière; Les-4-Chemins; La-Fage-Montivernoux; Fournels; Chaudailles; La-Chaldette; Grandvals; Pont-du-Gourrier; Nasbinals; Marchastel; St-Laurent-de-Muret; La-Baraque-du-plô; Antrenas; Marvejols		
27	CCM_90km_D1400_Baraque-des-Bouvières	90	1400	1,56	4:30	4:05	3:36	#16729762	Marvejols; Le-Mazet; Les-Vernets; Rieutort-de-Randon; Estables; La-Villedieu; Col-de-la-croix-de-Bor; La-Baraque-des-Bouvières; St-Denis-en-Margeride; Le-Recoux; Le-Mazel-des-Laubies; Les-Laubies; St-Amans; Baraque-de-Pecoulon; St-Sauveur-de-Peyre; Col-des-Issartets; La-Rouvières; Pomeyrols; Marvejols		
28	CCM_90km_D1403_Rieutort_Bouvières_StGal_Ribennes	90	1403	1,56	4:30	4:05	3:36	#18010121	Marvejols; Le-Mazet; Les-Vernets; Rieutort-de-Randon; Estables; La-Villedieu; Col-de-la-croix-de-Bor; La-Baraque-des-Bouvières; St-Denis-en-Margeride; Le-Recoux; Le-Mazel-des-Laubies; Les-Laubies; St-Gal; Le-Crouzet; Ribennes; Lachamp; Les-Vernets; Les-Reillades; Marvejols		
29	CCM_91km_D879_Saint-Génézieu_Montée-des-Charlottes	91	879	0,97	4:33	4:08	3:38	#16670811	Marvejols; Les-Ajustons; Banassac; St-Laurent-d'Olt; La-Resse; près-de-Canet-d'Olt; près-de-la-Sablière; St-Génézieu-d'Olt; Montée-des-Charlottes; St-Saturnin-de-Lenne; La-Resse; St-Laurent-d'Olt; Banassac; Les-Ajustons; Marvejols		
30	CCM_92km_D1013_StGeniez_LongduLot	92	1013	1,10	4:36	4:10	3:40	#18001351	Marvejols; Les-Ajustons; Banassac; St-Laurent-d'Olt; La-Boulesq; Pomeyrols; St-Génézieu-d'Olt; St-Saturnin-de-Lenne; La-Resse; St-Laurent-d'Olt; Banassac; Les-Ajustons; Marvejols		
31	CCM_93km_D894_Saint-Génézieu-d'Olt	93	894	0,96	4:39	4:13	3:43	#16149738	Marvejols; Les-Ajustons; Banassac; St-Laurent-d'Olt; La-Resse; près-de-Canet-d'Olt; près-de-la-Sablière; St-Génézieu-d'Olt; Montée-par-la-D95; St-Martin-de-Lenne; La-Resse; St-Laurent-d'Olt; Banassac; Les-Ajustons; Marvejols		
32	CCM_96km_D1411_Saint-Alban	96	1411	1,47	4:48	4:21	3:50	#16222014	Marvejols; St-Léger-de-Peyre; Vallée-de-l'Enfer; Serverette; Le-Comte-de-Fontans; St-Alban-sur-Limagnole; Le-Malzieu; St-Chély-d'Apcher; Chassignoles; Rimeize; Le-Crouzet; Le-Moulin-du-Rouchat; Aumont-Aubrac; La-Chaze-de-Peyre; Ste-Colombe-de-Peyre; Le-Moulinet; Pomeyrols; Marvejols		
33	CCM-Rando-Familles-2023	96	1077	1,12	4:48	4:21	3:50	#17500080	Marvejols; Les-Ajustons; Banassac; St-Laurent-d'Olt; La-Resse; près-de-Canet-d'Olt; près-de-la-Sablière; St-Génézieu-d'Olt; Montée-des-Charlottes; St-Saturnin-de-Lenne; La-Roque-Valzègues; Mas-de-Séguy; Campagnac; près-d'Ajas; Bonneterre; St-Laurent-d'Olt; Banassac; Les-Ajustons; Marvejols		
34	CCM_103km_D1018_Severac-Saint-Saturnin	103	1018	0,99	5:09	4:40	4:07	#16187988	Marvejols; Les-Ajustons; Banassac; La-Canourgue; Montée-du-Sabot; La-Piguière; La-Baraque-de-Trémolet; Le-Massegros; St-Dalmazy; Séverac-le-Château; Altès; Col-de-Lagarde; St-Saturnin-de-Lenne; La-Resse; St-Laurent-d'Olt; Banassac; Les-Ajustons; Marvejols		
35	CCM_104km_D1000_Massegros_Severac_StSaturnin	104	1000	0,96	5:12	4:43	4:09	#18005843	Marvejols; Les-Ajustons; Banassac; St-Laurent-d'Olt; St-Saturnin-de-Lenne; Combelongue; Séverac-le-Château; St-Dalmazy; Le-Massegros; La-Baraque-de-Trémolet; La-Piguière; Descente-du-Sabot; La-Canourgue; Banassac; Les-Ajustons; Marvejols		
36	CCM_105km_D1000_StSaturnin_Severac_Tremolet	105	1000	0,95	5:15	4:46	4:12	#18001411	Marvejols; Les-Ajustons; Banassac; St-Laurent-d'Olt; La-Resse; St-Saturnin-de-Lenne; Col-de-Lagarde; Altès; Séverac-le-Château; St-Dalmazy; Le-Massegros; La-Baraque-de-Trémolet; La-Piguière; La-Canourgue; Banassac; Les-Ajustons; Marvejols		

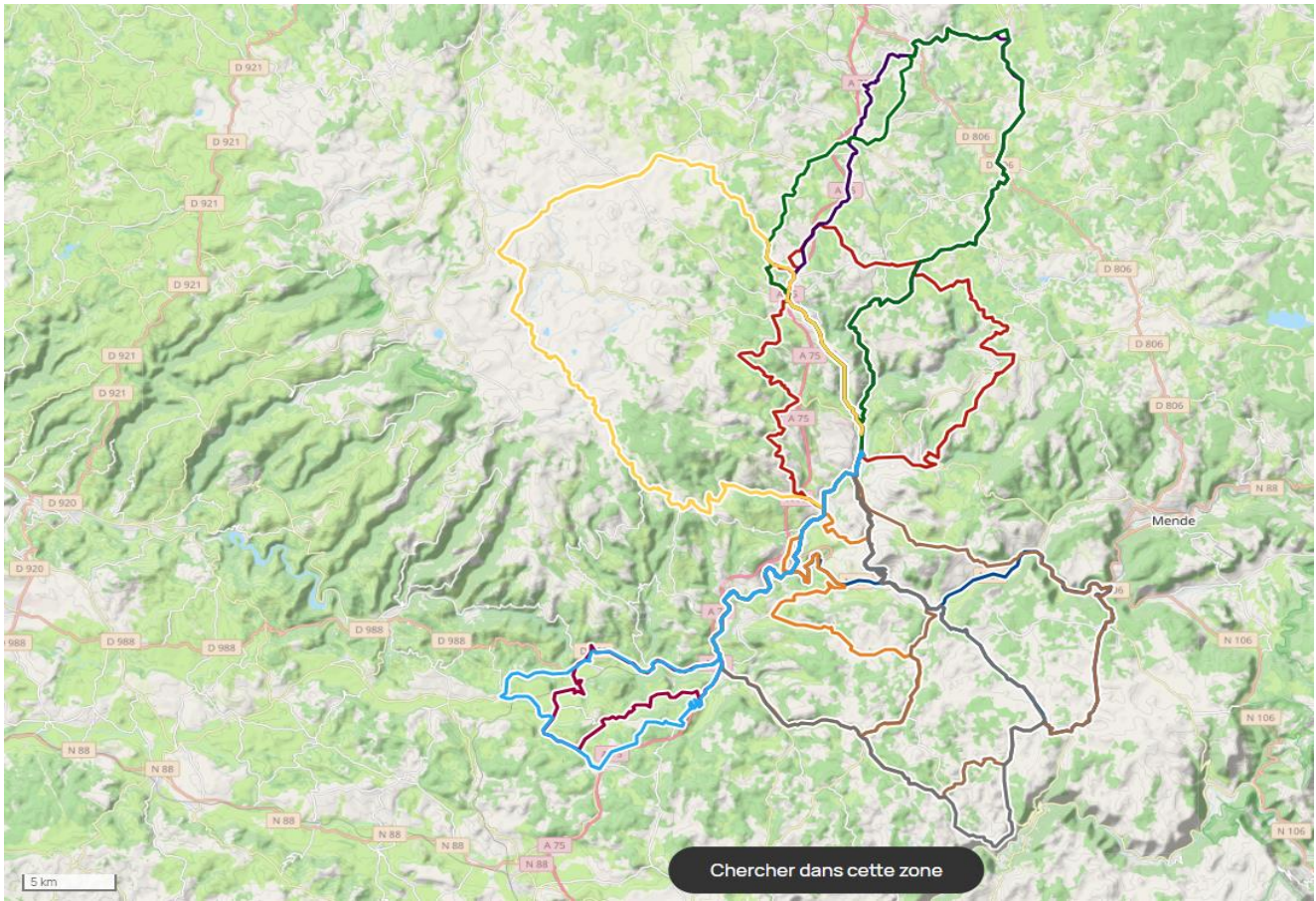
37	CCM_106km_D1171_StSaturnin_Viminet	106	1171	1,10	5:18	4:49	4:14	#18013778	Marvejols; Les-Ajustons; Banassac; St-Laurent-d'Olt; La-Resse; St-Saturnin-de-Lenne; Montagnac; près-de-Buzeins; Mayrinhac-Haut/Bas; Viminet; Galinières; St-Martin-de-Lenne; La-Resse; St-Laurent-d'Olt; Banassac; Les-Ajustons; Marvejols
38	CCM_109km_D1033_Chateau-Galinières	109	1033	0,95	5:27	4:57	4:21	#16729851	Marvejols; Les-Ajustons; Banassac; St-Laurent-d'Olt; La-Resse; près-de-Canet-d'Olt; près-de-la-Sablère, St-Geniez-d'Olt; La-Quille; Château-de-Galinières; St-Martin-de-Lenne; La-Resse; St-Laurent-d'Olt; Banassac; Les-Ajustons; Marvejols
39	CCM_114km_D1784_Champerboux_LesVignes	114	1784	1,56	5:42	5:10	4:33	#18005614	Marvejols; Palhers; Chanac; La-Nojarède; Champerboux/Sté-Enimie; La-Malène; Hauterive; Combelasays; Le-Massegros; La-Baraque -de-Tremolet; La-Piguière; La-Canourgue; Banassac; Les-Ajustons; Marvejols
40	CCM_D117km_D1083_Laissac	117	1083	0,93	5:51	5:19	4:40	#16729690	Marvejols; Les-Ajustons; Banassac; St-Laurent-d'Olt; St-Saturnin-de-Lenne; St-Martin-de-Lenne; Palmas; Laissac; Retour-sur-le-même-parcours
41	CCM_120_D1693_Autour de Chirac - pour costauds	120	1693	1,41	6:00	5:27	4:48	#14069149	Chirac; Ginstous; Pierrefiche; Le-Trebatut; St-Germain-du-Tell; Banassac; La-Roquette; Auxillac; Marijoulet; Le-Cros-bas; Chanac; Le bruel; Rocherousse; Vielbogue; près-de-Boudoux; Grèze; Goudard; Montrodât; Centre-de-rééducation; près-du-Mazet; Marvejols; St-Léger-de-Peyre; Vallée-de-l'enfer; st-Sauveur-de-Peyre; Col-des-Issartets; près-du-buisson; Les-Issartels; Poste-de-gendarmerie-de-l'autoroute; Fabrège-d'Antrenas; Le-crozier; Volamanières; Alteyrac; Fabrèges; Chirac
42	CCM_123km_D1613_Lassouts	123	1613	1,31	6:09	5:35	4:55	#17226741	Marvejols; Les-Ajustons; Banassac; St-Laurent-d'Olt; Falguières; près-de-La-Boulesq; St-Geniez-d'Olt; Lous; Cantaloube; Condamines; mandailles; Retour-sur-le-même-parcours
43	CCM_127km_D1323_Laissac	127	1323	1,04	6:21	5:46	5:04	#17187157	Marvejols; Les-Ajustons; Banassac; St-Laurent-d'Olt; La-Resse; près-de-Canet-d'Olt; près-de-la-Sablère, St-Geniez-d'Olt; La-Quille; Cruéjouis; Gabrias; Pont-de-Palmas; Coussergues; Galinières; St-Martin-de-Lenne; La-Resse; St-Laurent-d'Olt; Banassac; Les-Ajustons; Marvejols
44	CCM_167km_D1948_Segur	167	1948	1,17	8:21	7:35	6:40	#17200736	Marvejols; Les-Ajustons; Banassac; St-Laurent-d'Olt; St-Saturnin-de-Lenne; St-Martin-de-Lenne; Palmas; Laissac; La-Burquière-haute; La Bessières; Ségur; Prades-Salars; Boulouis; Retour-sur-le-même-parcours

Visualisation des circuits: voir ci-après

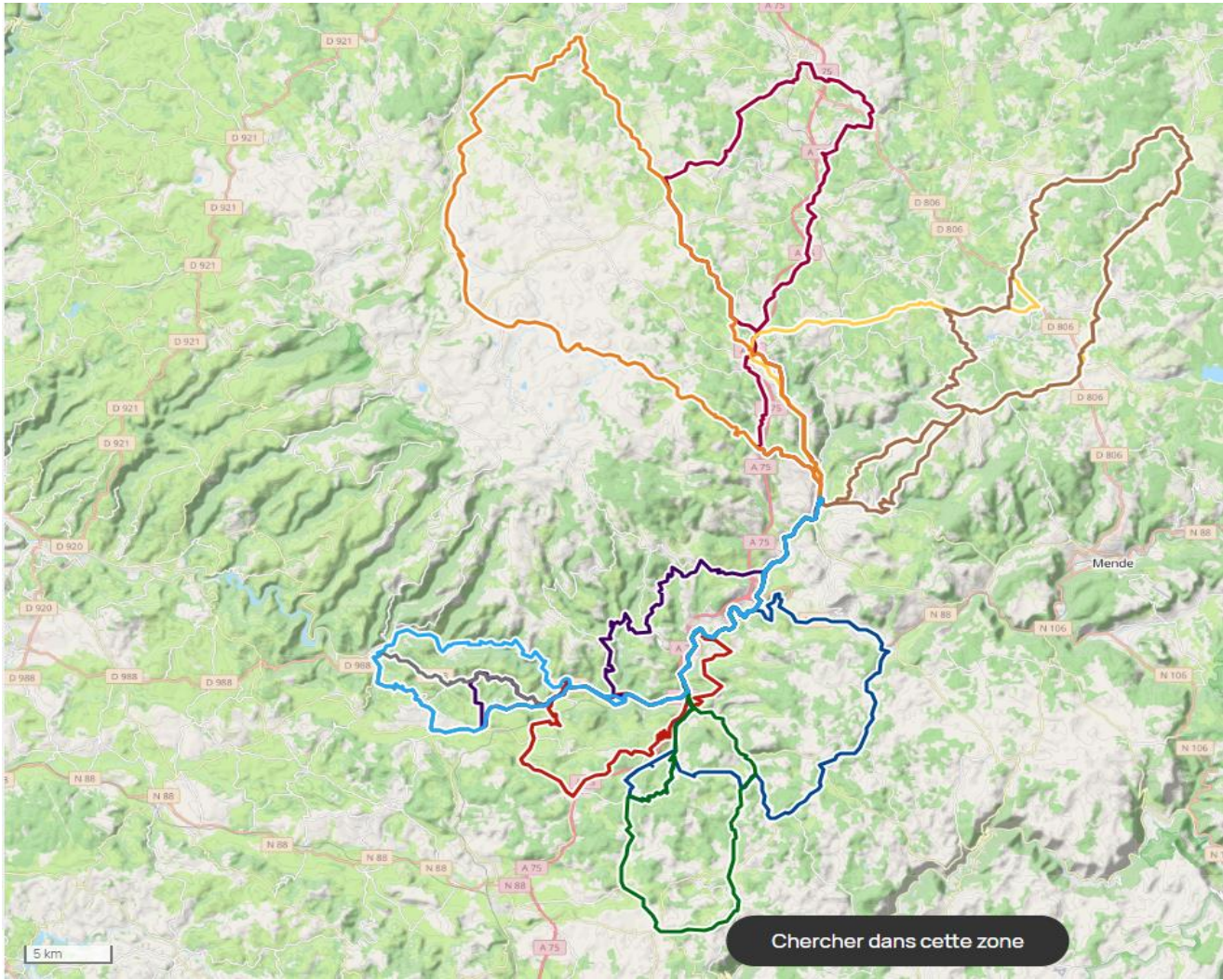
Parcours 1 à 10

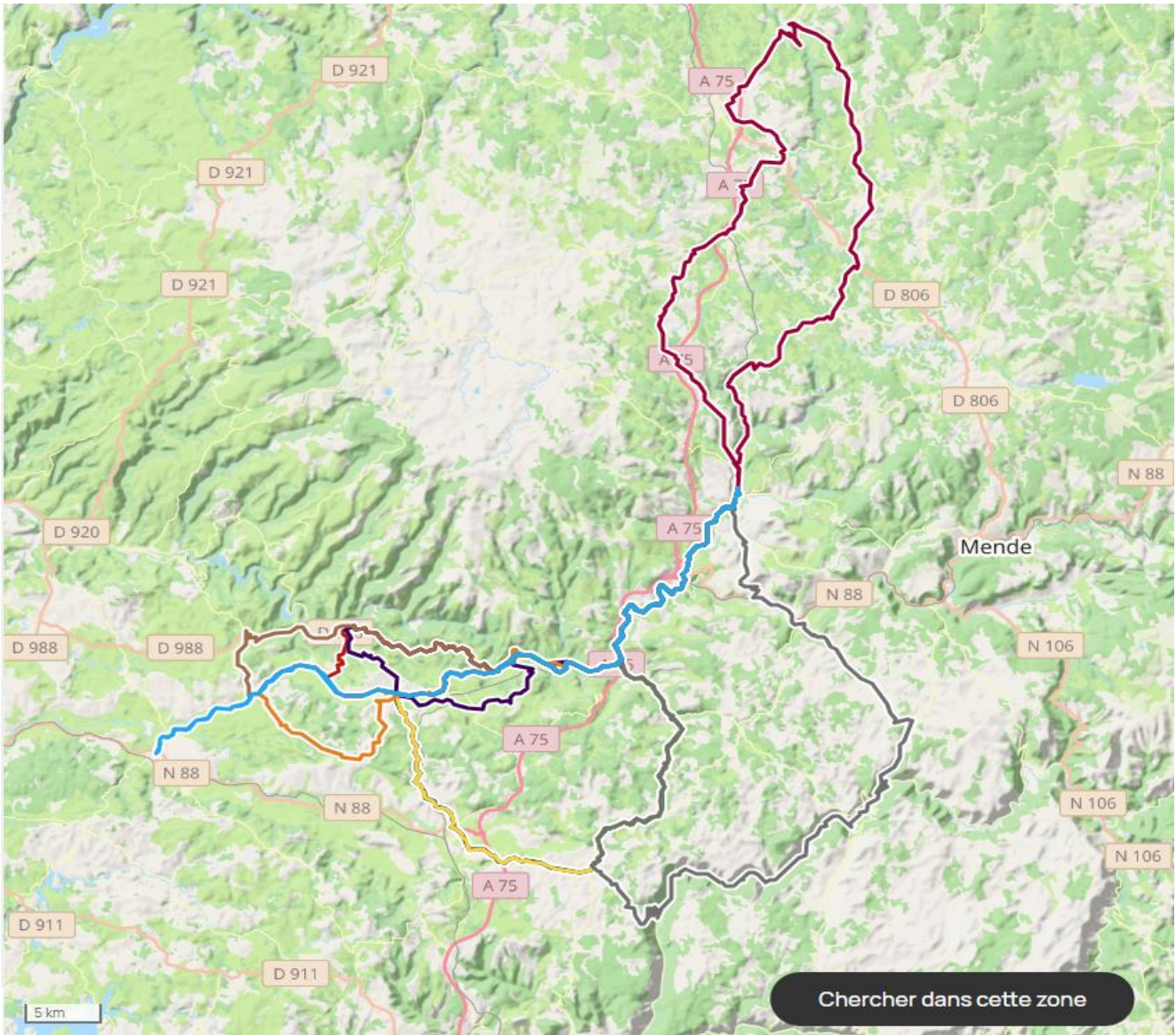


Parcours 11 à 20



Parcours 21 à 30





Parcours 41 à 44

